

### *How to do the Five First Saturdays*

There are four requirements to faithfully fulfill the five first Saturdays:

1. Go to Confession (8 days before or after the First Saturday)
2. Receive Holy Communion
3. Pray five decades of the Holy Rosary
4. Meditate for fifteen minutes on the mysteries of the Holy Rosary (separate from praying the Rosary)

#### *The Intention*

To console the Immaculate Heart of Mary, offer reparation for the blasphemies and ingratitude of unrepentant sinners, and for peace in the world.

#### *Reasons for this Devotion*

On May 29, 1930, Our Lord explained to Sister Lucia why five First Saturdays:

“My daughter, the reason is simple. Against the Immaculate Heart of Mary, five kind of offenses and blasphemies are committed:

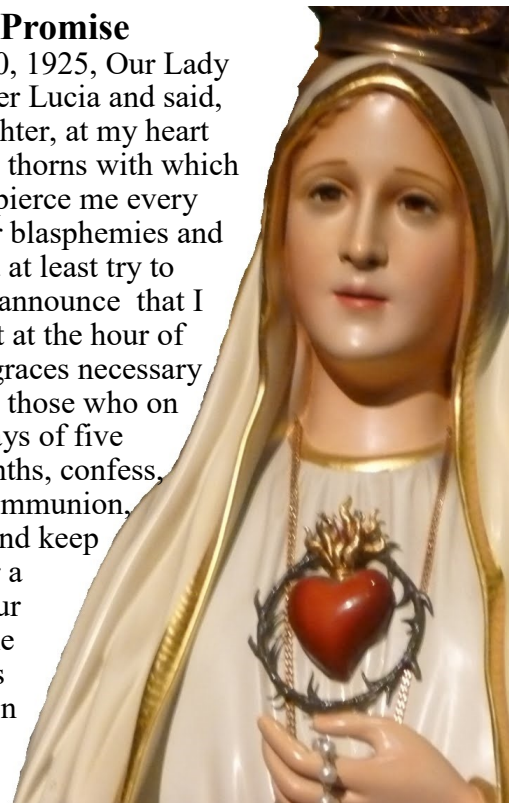
- Those committed against the Immaculate Conception;
- Those committed against the virginity of Our Lady;
- Those committed against the Divine maternity, refusing at the same time, to accept her as the mother of men;
- Those committed by men who publicly attempt to instill indifference, scorn, and even hatred for this Immaculate Mother in the hearts of children
- Those committed by men who insult her directly in her statues.”

## THE FIVE FIRST SATURDAYS

### THE FORGOTTEN PART OF THE FATIMA MESSAGE

#### **The Promise**

On December 10, 1925, Our Lady appeared to Sister Lucia and said, “Look, my daughter, at my heart surrounded with thorns with which ungrateful men pierce me every moment by their blasphemies and ingratitude. You at least try to console me and announce that I promise to assist at the hour of death, with the graces necessary for salvation, all those who on the First Saturdays of five consecutive months, confess, receive Holy Communion, pray a Rosary, and keep me company for a quarter of an hour meditating on the fifteen mysteries with the intention of offering me reparation.”

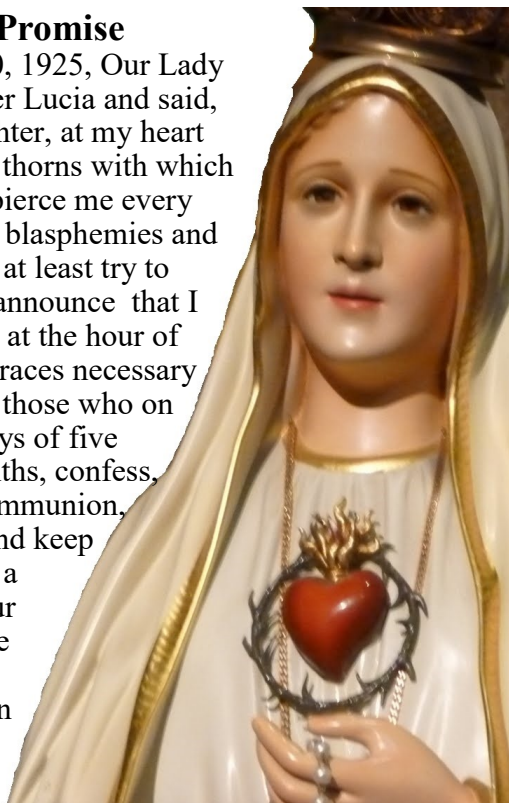


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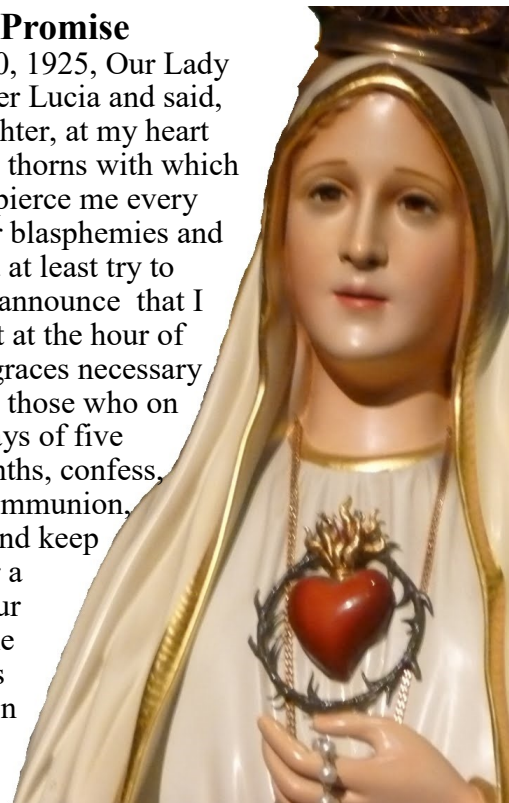
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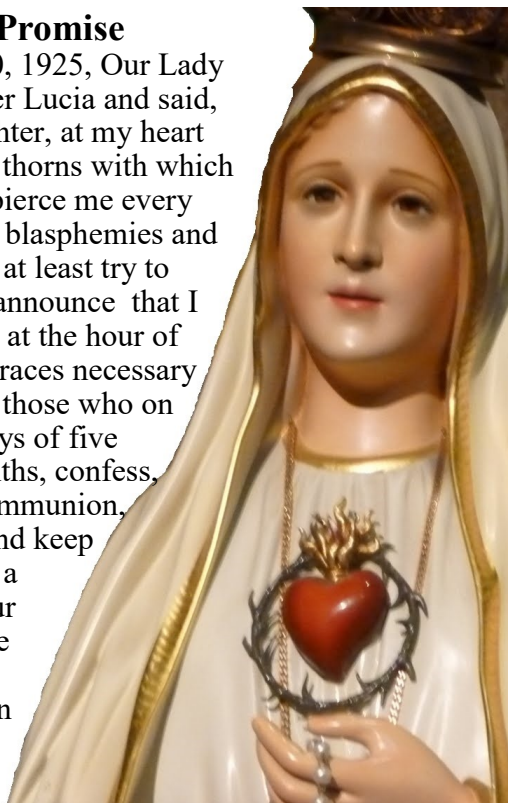


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