

†

Litany of Humility

O Jesus! meek and
humble of heart,
Hear me.
From the desire of being
esteemed,
Deliver me, Jesus.
From the desire of being
loved ...
From the desire of being
extolled ...
From the desire of being
honored ...
From the desire of being
praised ...

From the desire of being
preferred to others ...
From the desire of being
consulted ...
From the desire of being
approved ...
From the fear of being
humiliated ...
From the fear of being
despised...
From the fear of
suffering rebukes ...
From the fear of being
calumniated ...
From the fear of being

forgotten ...
From the fear of being
ridiculed ...
From the fear of being
wronged ...
From the fear of being
suspected ...
That others may be loved
more than I,
**Jesus, grant me the
grace to desire it.**
That others may be
esteemed more than I
...
That, in the opinion of

the world, others may
increase and I may
decrease ...
That others may be
chosen and I set aside
...
That others may be
praised and I
unnoticed ...
That others may be
preferred to me in
everything ...
That others may become
holier than I, provided
that I may become as
holy as I should ...

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J.M.J.

**DAILY ASPIRATIONS OF
ST. ANTHONY MARY
CLARET**

Who is like God?
Who is like Jesus Christ?
Who is like Mary, Virgin
and Mother of God?
Who is like the angels of
heaven?
Who is like the saints in
glory?
Who is like the just upon
earth?
Long live Jesus!

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Long live Jesus!

Long live Mary Most
Holy!
Long live the holy law of
God!
Long live the holy
evangelical counsels!
Long live the holy
sacraments of the
Church!
Long live the holy
Sacrifice of the Mass!
Long live the Blessed
Sacrament of the Altar!
Long live the Holy Rosary
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Long live the Christian
virtues!
Long live the works of
mercy!
Death to vices, faults, and
sins!

*A short prayer by St.
Anthony Mary Claret:*
"Long live Jesus;
death to sin; death to
self-love, the enemy of
the love of God."

**INVOCATIONS FOR
HUMILITY**

O Mary, Mother of the
humble, *pray for me.*

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St. Joseph, patron of the
humble, . . .
St. Michael, who first
crushed pride, . . .
St. Francis, imitator of a
master meek and
humble,
All ye holy spirits
sanctified by humility, .

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Let us pray:

O sweet Jesus! meek and
humble of Heart, make my
heart like unto Thine, and
give me the grace of final
perseverance. Amen.

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