



J.M.J.

**LITANY OF THE SEVEN
DOLOURS OF THE
BLESSED VIRGIN MARY**
—*St. John Henry Newman*



LORD, have mercy.

Lord, have mercy.

Christ, have mercy.

Christ, have mercy.

Lord, have mercy.

Lord, have mercy.

Christ, hear us.

Christ, graciously hear us.

God the Father of Heaven,

Have mercy on us.

God the Son, Redeemer of
the world,

God the Holy Ghost,
Holy Trinity, one God,

Mother of sorrows, *Pray
for us.*

Mother, whose soul was
pierced by the sword,

Mother, who didst flee
with Jesus into Egypt,

Mother, who didst seek
Him sorrowing for
three days,

Mother, who didst see

Him scourged, and

crowned with thorns,

Mother, who didst stand
by Him whilst He hung

upon the cross,

Mother, who didst receive
Him into thine arms

when He was dead,

Mother, who didst see
Him buried in the tomb,

O Mary, Queen of
Martyrs,

O Mary, comfort of the
sorrowful,

O Mary, help of the weak,

O Mary, strength of the
fearful,

O Mary, light of the
desponding,

O Mary, nursing-mother of
the sick,

O Mary, refuge of sinners,

Pray for us.

Pray for us.

Pray for us.

Pray for us.

Have mercy on us.

Pray for us.

Pray for us.

Through the bitter passion
of thy Son, *Save us by thy
prayers.*

Through the piercing
anguish of thy heart,
Through thy heavy weight
of woe,
Through thy sadness and
desolation,

Through thy maternal pity,
Through thy perfect
resignation,
Through thy meritorious
prayers,

From immoderate
sadness,

From a cowardly spirit,
From an impatient temper,
From fretfulness and
discontent,

From sullenness and
gloom,
From despair and unbelief,
From final impenitence,

Save us by thy prayers.

Save us by thy prayers.

Save us by thy prayers.

We sinners, beseech Thee,
hear us.

Preserve us from sudden
death,

Teach us how to die,
Succour us in our last
agony,

Guard us from the enemy,
Bring us to a happy end,
Gain for us the gift of
perseverance,
Aid us before the
judgment seat,

Mother of God,
Mother, most sorrowful,
Mother, most desolate,

Lamb of God, who takest
away the sins of the
world, *Spare us, O Lord.*

Lamb of God, who takest
away the sins of the
world, *Graciously hear
us, O Lord.*

We beseech thee, hear us.

We beseech thee, hear us.

Lamb of God, who takest
away the sins of the world,
Have mercy on us.

Christ, hear us.
Christ, graciously hear us.

Lord, have mercy.
Christ, have mercy.
Lord, have mercy.

Succour us, O Blessed Virgin
Mary,
In every time, and in every place.

Let us Pray
O Lord Jesus Christ, God and
man, grant, we beseech Thee,
that Thy dear Mother Mary,
whose soul the sword pierced
in the hour of Thy passion,
may intercede for us, now, and
in the hour of our death,
through Thine own merits, O
Saviour of the world, who with
the Father and the Holy Ghost
lives and reignest, God, world
without end.— Amen.