†
J.M.J.

Flame of Love Prayer Book
Preface

The Flame of Love Prayer Book borrows its name from the devotion of Elizabeth Kindelmann (+1985), an Hungarian Catholic mystic who was given the Unity Prayer on the first page and the addition to the Hail Mary on the next page. Her original diary has the imprimatur of Cardinal Erdo, Archbishop of Budapest, and the English translation has the imprimatur of Archbishop Chaput. It is a beautiful devotion which inspires hope in the light of Christ conquering all darkness.

The following pages have various prayers, some recent and many traditional. All are formatted for easy reading in a large print font. Discover these prayers and pictures to elevate your mind and heart and find strength and consolation from the grace of Our Lord through the intercession of Our Blessed Mother.
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THE UNITY PRAYER

My adorable Jesus,
May our feet journey together.
May our hands gather in unity.
May our hearts beat in unison.
May our souls be in harmony.
May our thoughts be as one.
May our ears listen to the silence together.
May our glances profoundly penetrate each other.
May our lips pray together to gain mercy from the Eternal Father.
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Flame of Love Prayer in the Hail Mary

Hail Mary, full of grace! The Lord is with thee. Blessed art thou among women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, *spread the effect of grace of Thy Flame of Love over all of humanity, now and at the hour of our death. Amen.
An Act of Spiritual Communion

My Jesus, I believe that You are in the Blessed Sacrament. I love You above all things, and I long for You in my soul. Since I cannot now receive You sacramentally, come at least spiritually into my heart. As though You have already come, I embrace You and unite myself entirely to You; never permit me to be separated from You. Amen.
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A BRIEF ACT OF SPIRITUAL COMMUNION

Mary, my Mother and Queen of My Heart:
Please invite Jesus your Son to come spiritually into my heart.
Most Sacred Heart of Jesus, have mercy on us.

Most Sacred Heart of Jesus, I implore: the grace to love You more and more.

Most Sacred Heart of Jesus, I place all my trust in You.
Merciful Jesus, I consecrate myself today and always to Your Most Sacred Heart.

O Love,
O Great Love,
O Infinite Love of God!
After Receiving Holy Communion (and at other times)
I am sealed forever in the Most Sacred Heart of Jesus!
(7 times) Or
I am bound to His Sacred Heart. (7 times)
Hail, Holy Queen, 
Mother of Mercy, hail, our life, 
our sweetness, and our hope. 
To thee do we cry, poor banished 
children of Eve. 
To thee do we send up our sighs 
mourning and weeping in this 
valley of tears. 
Turn then, most gracious 
advocate, thine eyes of mercy 
toward us, and after this our exile 
show us the blessed fruit of thy 
womb, Jesus. O clement, 
O loving, O sweet Virgin Mary. 
V. Pray for us, O Holy Mother of 
God, 
R. That we may be made worthy 
of the promises of Christ.
Jesus, Mary, I Love You, Save Souls!
The Memorare

Remember, O most gracious Virgin Mary, that never was it known that anyone who fled to your protection, implored your help, or sought your intercession, was left unaided. Inspired with this confidence, I fly unto you, O Virgin of virgins, my Mother. To you do I come, before you I stand, sinful and sorrowful. O Mother of the Word Incarnate, despise not my petitions, but in your clemency, hear and answer me. Amen.
†
Through the Patroness of the United States, Mary, the Immaculate Conception, I pray for [here mention your request] Lord have mercy.
Fatima Prayers
O Jesus, it is for love of Thee, for the conversion of sinners, and in reparation for the sins committed against the Immaculate Heart of Mary.

My God, I believe, I adore, I trust and I love You! And I beg pardon for all those who do not believe, who do not adore, who do not trust and who do not love You.
O Most Holy Trinity, Father, Son and Holy Spirit, I adore Thee profoundly. I offer Thee the most precious Body, Blood, Soul and Divinity of Jesus Christ present in all the tabernacles of the world, in reparation for the outrages, sacrileges and indifferences by which He Himself is offended. And by the infinite merits of His Most Sacred Heart and the Immaculate Heart of Mary, I beg of Thee the conversion of poor sinners.
A Prayer
by St. Teresa of Avila
Let nothing disturb you.
Let nothing frighten you.
All things pass away:
God never changes.
Patience obtains all things.
Those who have God
Find they lack nothing;
God alone suffices.

__________________________________________________________

Short prayer
O Jesus, I’m sorry;
please save me;
thank You for everything.
SAINT MICHAEL PRAYER
Saint Michael, the Archangel, defend us in battle.
Be our protection against the wickedness and snares of the devil.
May God rebuke him, we humbly pray;
and do thou, O Prince of the heavenly host, by the power of God cast into hell satan and all the evil spirits who prowl throughout the world seeking the ruin of souls. Amen.
All ye Angels and Archangels, protect us, defend us.
Lord Jesus Christ, Son of God, have mercy on me, a sinner.
An Act of Contrition

O my God, I am heartily sorry for having offended Thee and I detest all my sins, because I dread the loss of heaven and the pains of hell; but most of all because they offend Thee, my God, Who are all good and deserving of all my love. I firmly resolve, with the help of Thy grace, to confess my sins, to do penance, and to amend my life. Amen.
The Divine Praises
Blessed be God.
Blessed be His holy name.
Blessed be Jesus Christ, true God and true man.
Blessed be the name of Jesus.
Blessed be His Most Sacred Heart.
Blessed be His Most Precious Blood.
Blessed be Jesus in the Most Holy Sacrament of the Altar.
Blessed be the Holy Spirit, the Paraclete.
Blessed be the great Mother of God, Mary most holy.
Blessed be her holy and Immaculate Conception.
Blessed be her glorious Assumption.
Blessed be the name of Mary, Virgin and Mother.
Blessed be Saint Joseph, her most chaste spouse.
Blessed be God in His angels and in His Saints.
Come Holy Spirit,  
Come through Mary.
Prayers Before Holy Communion

AN ACT OF FAITH.
O my Jesus! I firmly believe that You are present here in this Most Blessed Sacrament, which I am about to receive, because You, the eternal Truth, have revealed it.

AN ACT OF HOPE.
O my Jesus! I hope to receive in this Blessed Sacrament all the graces of which I stand in need, even eternal happiness in heaven, because You, the eternal and unfailing Truth, have promised it.

AN ACT OF CHARITY.
O my Jesus! I love You in this Most Blessed Sacrament, as my God and Lord, as my Redeemer and Sanctifier.

AN ACT OF CONTRITION.
O my Jesus! I am heartily sorry for all my sins, because they have offended You, my God and Saviour.
AN ACT OF DESIRE.
O my Jesus! my God and Master! Come, I am longing after You; Come, visit me, strengthen me, and keep me forever in Your grace. Amen.

A PRAYER TO OUR BLESSED MOTHER.
O Mary, my Mother, form in my heart the perfect holy desires of your Immaculate Heart. Please be with me as I receive your Divine Son. Impart to us your trust, attention, devotion, and wonder toward His awesome Real Presence.
Prayers After Holy Communion

AN ACT OF FAITH.
O my Jesus! I believe in You, as in the eternal truth.

AN ACT OF HOPE.
O my Jesus! I hope in You, as in the infinite mercy.

AN ACT OF CHARITY.
O my Jesus! I love You, as the eternal and supreme good of my soul.

AN ACT OF ADMIRATION.
O my Jesus! how is it that You come to visit me?

ST. EYMARD’S ACT OF OFFERING.
My dear Jesus, I give myself to You as You have given Yourself entirely to me.

O my Jesus! my Saviour and my Redeemer, remain within my heart by Your divine grace, and do not permit me to be ever separated from Your love.
A MARIAN PRAYER.
O Mary, my Mother, please help me to thank, praise, adore and love Jesus your Son with all my heart, mind, soul and strength. Amen.
Prayer to your Guardian Angel

Angel of God, my Guardian dear, to whom His love commits me here, ever this day (or night) be at my side, to light and guard, to rule and guide. From stain of sin oh keep me free. And at my death my helper be. Amen.
Critical Information to give a Priest for a Sick Call

(Fill out what you can.)

Name_____________________________

#________________Date_______Time______

Location___________________Rm#________Building________Best visit time_________

Condition ___________________ Age_______Widow(er)

Urgency

Caregiver/relative________________________

#__________________

Nurse___________________Most Recent Anointing________________

Catholic

Parish ____________________________

When did they arrive at this facility?______________ Hospice care?________________

How long do they expect to be there?____________________

Is the family gathering there now?______________________

Contagious condition? ________________________________

Other notes:

Please alert nursing staff of a priest being invited to visit.

Maximum

Within the day

Day or Two