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# ACTS OF LOVE FOR JESUS CRUCIFIED

*By St. John Eudes*



Here are ten acts of love for Jesus Crucified, which may be made when you kiss the crucifix, which it would be well to do each day, in the evening, after your examination of conscience, so that you may end your day in the love of your divine Redeemer and obtain from Him the grace to end your life in acts of love of Him. This is how you proceed:

## **I. Kiss the foot of the cross, saying:**

"O Jesus, in honor of and in union with the love with which Thou didst kiss, embrace and love the Cross presented to Thee on the day of Thy holy Passion, but actually embraced from the moment of Thy Incarnation, with all my heart I love and embrace all the crosses, bodily or spiritual, it may please Thee to send me in my whole life, uniting them to Thine, and begging Thee to grant me a share of that great love with which Thou didst bear them."

## **2. Kiss the wounds in the holy feet of Jesus with the following desire:**

"O Jesus, if it please Thee, I desire to kiss Thy holy feet with love like that of St. Mary Magdalen when she kissed those blessed feet in the pharisee's house, when she won the reward of hearing these sweet words from Thy holy lips, "Thy sins are forgiven thee."

## **3. Again kiss the feet of Jesus with this desire:**

"O Jesus, I desire to kiss Thy holy feet with all the love of all the just souls on earth, offering Thee all their love in satisfaction for all the times in my life when I have let myself fall away from Thy love."

## **4. Kiss the wound in the left hand with this intention:**

"O Jesus, I desire, if it please Thee, to kiss this sacred wound in union with the love of Thy archangel Gabriel, all the Seraphim and all the angels, especially my guardian angel, offering Thee all this love in satisfaction for the many times I have been guilty of falling away from Thy holy love."

## **5. Kiss the wound in the right hand with this elevation of the soul to Jesus:**

"O Jesus, I desire to kiss this holy wound in union with all the love which all the saints in heaven have for Thee, offering Thee their immense love in satisfaction for all the sins I have committed against Thy divine love."

## **6. Kiss the sacred wound in the side of Jesus, in union with the love of the Blessed Virgin; or rather, consider yourself unworthy to kiss this holy wound, and ask the most Blessed Virgin to kiss it for you:**

"O Mother of Jesus, I implore thee to kiss the holy wound in the side of Thy Son for me, and by this holy kiss make Him a hundred-fold return for all the love I should have given Him in my whole life."

And instead of kissing the wound in His side, kiss the wound in the feet, with the following desire:

"O Jesus, if it please Thee, I desire to kiss Thy holy feet in union with all Thy holy Mother's love for Thee, offering Thee all this love in reparation for the faults I have committed against Thy love."

**7. Kiss the holy wounds of the sacred head crowned with thorns; or rather, considering yourself too unworthy for this, address yourself to the Eternal Father, and say to Him:**

"O Father of Jesus, if it please Thee, imprint a most holy kiss on the sacred brow of Thy Well-Beloved Son, and by this kiss render to Him a thousand times the love I should have given Him in my whole life!"

And instead of kissing the wounds of the sacred head, once more kiss the feet of the Crucified Saviour saying:

"O Jesus, let me kiss Thy holy feet with all the love Thy Eternal Father bears

Thee, and let me offer Thee this infinite love in reparation for my failures to love Thee."

**8. Also kiss the holy feet of Jesus in union with the love of the Holy Spirit:**

"O Jesus, let me kiss Thy holy feet in union with all the love of Thy Holy Spirit for Thee, offering Thee that burning love in satisfaction for the faults I have committed against Thy divine love."

**9. Once again kiss the sacred feet in union with the divine love of Christ for His own person, saying to Him in your heart and with your lips also, if you wish:**

"O Jesus, once again I kiss Thy sacred feet, with all the love Thou hast for Thyself. I offer Thee all this love to satisfy for my failings, imploring Thee to recompense Thyself a hundred thousand times for all the love I ought to have given Thee since I came into the world."

**10. Finally, kiss these divine feet once more with all the holy love in earth and heaven together, saying:**

"O Jesus, let me once more kiss Thy divine feet with all the love that ever was, is now and ever shall be accorded Thee from all eternity to all eternity, in heaven and on earth, by all the divine and holy persons who love Thee. Let me

offer Thee this matchless love in satisfaction for all my sins and infidelities, for all the failures to love Thee of which I have ever been guilty in my whole life."

Note that, when you make these acts of love, there is no necessity to pronounce the words with your lips, nor even to have actually present in your mind the thoughts I have set down. It is quite enough to kiss the crucifix ten times, with the above intentions. Each of these acts may be performed in an instant. It is nevertheless a good thing, at the beginning, to apply your mind to these thoughts and intentions. Later on, when you have been following this exercise for some time, the whole veneration of the cross may be performed with great facility in a very short time.

These ten acts may also be made without a crucifix, if you say ten times the holy words: O Jesus! And each time will to say them with the above intentions.

Source:

St. John Eudes, *Life and Kingdom of Jesus: A Treatise on Christian Perfection for Use by Clergy or Laity*, Translated from the French by a Trappist Father in the Abbey of Our Lady of Gethsemane, P.J. Kennedy and Sons, New York 1947, pp. 238-241, [www.liberius.net.](http://www.liberius.net.), [www.archive.org](http://www.archive.org).