

pray Thee for grace to weep over my sins with hot tears, and to enable me to persevere in the good which I have begun, without ever swerving again from my obedience to the divine commands.

Recite one Our Father, one Hail Mary, and one Glory Be.

*Holy Mother, pierce me through,
In my heart each wound renew
Of my Saviour crucified.*

To the Wound of the Left Hand

Holy wound of the left hand of my Jesus, I adore Thee; I compassionate Thee, O Jesus, for the most bitter pain which Thou didst suffer. I thank Thee for having in Thy love spared me the scourges and eternal damnation which my sins have merited. I offer to the Eternal Father the pain and love of Thy most holy humanity: and I pray Thee to teach me how to turn to good account my span of life, and bring forth in it worthy fruits of penance, and to disarm the justice of God, which I have provoked.

Recite one Our Father, one Hail Mary, and one Glory Be.

*Holy Mother, pierce me through,
In my heart each wound renew
Of my Saviour crucified.*

To the Wound of the Right Hand

Holy wound of the right hand of my Jesus, I adore Thee; I compassionate Thee, O Jesus, for the most bitter pain which Thou didst suffer. I thank Thee for Thy graces lavished on me with such love, in spite of all my most perverse obstinacy. I offer to the Eternal Father all the pain and love of Thy most holy humanity; and I pray Thee to change my heart and its affections, and make me do all my actions in accordance with the will of God.

Recite one Our Father, one Hail Mary, and one Glory Be.

*Holy Mother, pierce me through,
In my heart each wound renew
Of my Saviour crucified.*

To the Wound of the Sacred Side

Holy wound in the side of my Jesus, I adore Thee; I compassionate Thee, O Jesus, for the cruel insult Thou didst suffer. I thank Thee, my Jesus, for the love which suffered Thy side and Heart to be pierced, so that the last drops of blood and water might issue forth, making my redemption to overflow. I offer to the Eternal Father this outrage, and the love of Thy most holy humanity, that my soul may enter once for all into that most loving Heart, eager and ready to receive the greatest sinners, and never more depart.

Recite one Our Father, one Hail Mary, and one Glory Be.

*Holy Mother, pierce me through,
In my heart each wound renew
Of my Saviour crucified.*

Prayer of St. Veronica Giuliani

‘My God, I ask you for souls. Let these Your Wounds be voices for me and say with me: O souls redeemed by the Blood of Christ, come to this source of love. I am calling you and these Holy Wounds speak for me, but all of you come.’