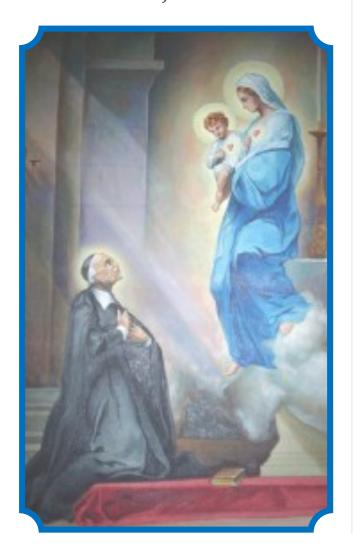
J.M.J.

"Ave Cor"

The Salutation to the Most Holy Heart

of Jesus and Mary

— Saint John Eudes



Hail, Heart most holy, Hail, Heart most meek, Hail, Heart most humble, Hail, Heart most pure, Hail, Heart given without reserve, Hail, Heart most wise, Hail, Heart most patient, Hail, Heart most obedient, Hail, Heart most vigilant, Hail, Heart most faithful, Hail, Heart most blessed, Hail, Heart most merciful, Hail, most loving Heart of Jesus and Mary;

We adore you,
We praise you,
We glorify you,
We give you thanks,
We love you,

With all our heart, With all our soul, With all our strength; We offer you our heart, We give it to you, We consecrate it to you, We sacrifice it to you; Receive and posses it totally, Purify it, Enlighten it, Sanctify it; That you may live and reign in it now and forever.

Blessed be forever the most loving Hearts and sweet Names of our Lord Jesus Christ and of the most glorious Virgin Mary, His Mother.

## PRAYER BY ST. JOHN EUDES TO THE IMMACULATE HEART

- Hail Mary! Daughter of God the Father.
- Hail Mary! Mother of God the Son.
- Hail Mary! Spouse of the Holy Spirit.
- Hail Mary! Temple of the Most Blessed Trinity.
- Hail Mary! Pure Lily of the Effulgent Trinity.
- Hail Mary! Celestial Rose of the Ineffable Love of God.
- Hail Mary! Virgin pure and humble, of whom the King of heaven willed to be born and with thy milk to be nourished.

  Hail Mary! Virgin of Virgins.

- Hail Mary! Queen of Martyrs, whose soul a sword transfixed.
- Hail Mary! Lady most blessed! unto whom all power in heaven and earth is given.
- Hail Mary! My Queen and my Mother! my Life, my Sweetness and my Hope.
- Hail Mary! Mother Most Amiable.
- Hail Mary! Mother of Divine Love.
- Hail Mary! Immaculate!

  Conceived Without Sin!
- Hail Mary! Full of Grace!
  The Lord is with Thee!
- Blessed art thou among women! And blessed is the Fruit of thy womb, Jesus!
- Blessed be thy spouse, Saint Joseph.

- Blessed be thy father, Saint Joachim.
- Blessed be thy mother, Saint Anne.
- Blessed be thy guardian, Saint John.
- Blessed be thy holy angel, Saint Gabriel.
- Glory be to God the Father, Who chose thee.
- Glory be to God the Son, Who loved thee.
- Glory be to God the Holy Spirit, Who espoused thee.
- O Glorious Virgin Mary, may all people love and praise thee.
- Holy Mary, Mother of God, pray for us and bless us, now, and at death, in the name of Jesus, thy Divine Son! Amen.