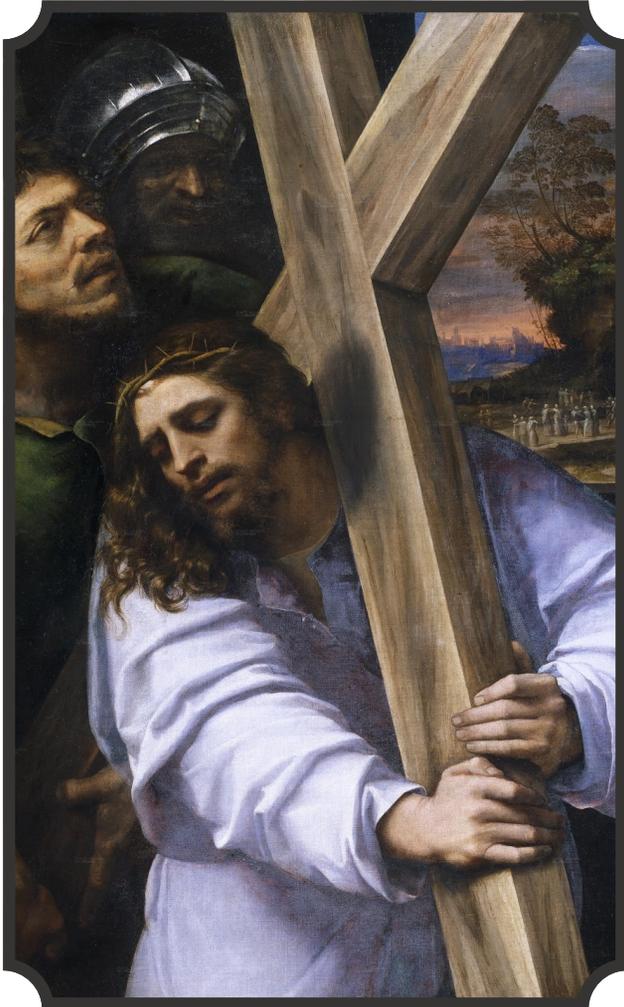




J.M.J.

A BRIEF WAY OF THE CROSS



Begin with an act of contrition.

Before each station say:

V. We adore Thee, O Christ,
and we bless Thee.

R. Because by Thy holy cross Thou
hast redeemed the world.

*After each station say an Our Father,
Hail Mary, and a Glory be to the Father.*

V. Lord, have mercy upon us.

R. Have mercy upon us.

V. May the souls of the faithful,
through the mercy of God,
rest in peace.

R. Amen.

*Passing on from one station to another
say:*

Holy Mother, pierce me through:
In my heart each wound renew,
Of my Saviour crucified.

STATION I: JESUS CONDEMNED TO DEATH.

My Jesus, oft have I signed Thy
death-warrant by my sins: save me
by Thy death from that eternal death
I deserve.

STATION II: JESUS RECEIVES HIS CROSS.

My Jesus, Who by Thine own will
didst take on Thee the cross which I

made for Thee by my sins: oh, make
me know the weight of them, and
sorrow for them ever while I live.

STATION III: JESUS FALLS THE FIRST TIME BENEATH THE CROSS.

My Jesus, the heavy burden of my
sins has made Thee fall down
beneath the cross. My Jesus, I loathe
them, I detest them, I beseech Thee to
pardon them; aided by Thy grace, I
will never commit them more.

STATION IV: JESUS MEETS HIS MOTHER.

Jesus, most suffering! Mary, Mother
most sorrowful! if for the past by sin
I have caused you pain and sorrow,
yet by divine grace it shall be so no
more, but I will love you faithfully
until death.

STATION V: SIMON OF CYRENE HELPS JESUS TO CARRY THE CROSS.

My Jesus, happy was that man of
Cyrene, who aided Thee to bear the
cross! Happy shall I be if I, too, aid
Thee to bear the cross by suffering
with patience and good will the
crosses Thou shalt send me during
life. My Jesus, give me grace to do so.

STATION VI: JESUS AND
VERONICA.

Jesus, most compassionate, Who didst deign to print Thy sacred countenance upon the cloth with which Veronica wiped the sweat from Thy brows; print in my soul deep, I pray Thee, the lasting memory of Thy most bitter pains.

STATION VII: JESUS FALLS
A SECOND TIME.

My Jesus, oft have I sinned, and by sin often made Thee fall beneath the cross. Help me to use such efficacious means of grace, that I may never fall again into sin.

STATION VIII: JESUS COMFORTS
THE WOMEN OF JERUSALEM.

My Jesus, Who didst comfort the pious women of Jerusalem who wept to see Thee so tormented: comfort my soul with Thy mercy, for in Thy mercy alone is my sole trust. Oh, may I never frustrate it!

STATION IX: AGAIN A THIRD
TIME JESUS FALLS.

My Jesus, by all the bitter woe Thou didst endure, when a third time Thou didst fall beneath the heavy cross: oh, never, never let me fall away, but rather let me die than ever

mortally sin again.

STATION X: JESUS STRIPPED AND
DRENCHED WITH GALL.

My Jesus, Who wast stripped of Thy clothes and drenched with gall, strip me of love for things of earth, and make me loathe all that savors of the world and sin.

STATION XI: JESUS NAILED
TO THE CROSS.

My Jesus, by those agonizing pains Thou didst endure when the hard nails pierced Thy tender hands and feet and fixed them to the cross, oh, make me ever crucify my flesh with the spirit of true Christian penance.

STATION XII: JESUS DIES
UPON THE CROSS.

My Jesus, three hours didst Thou hang in agony upon the cross, and then didst die for me: let me die before I sin again; and if I live, may I live to love Thee and to serve Thee faithfully.

STATION XIII: JESUS TAKEN
FROM THE CROSS AND LAID IN
MARY'S BOSOM.

Mary, Mother most sorrowful, the sword of grief went through thy soul when thou didst see thy dear Son Jesus lying lifeless in thy bosom: ask

for me hatred of sin, which was the cause of His death, and made thee suffer so much; and then obtain for me grace to live a true Christian life, and save my soul.

STATION XIV: JESUS LAID
IN THE TOMB.

My Jesus, beside Thee in the tomb I desire that I may ever remain as one dead; and if I live, I wish to live only to Thee; that so one day I may come with Thee to taste of the bliss of heaven, the fruit of Thy Passion and most painful death. Amen.

Let us Pray.

God, Who by the precious blood of Thy only-begotten Son, didst sanctify the standard of the cross; grant, we beseech Thee, that all those who rejoice in the glory of the same holy cross may at all times and places feel the gladness of Thy protection. Through the same Christ Our Lord. R. Amen.

End with one Our Father, Hail Mary, and Glory be to the Father, for the intention of the Sovereign Pontiff.