



J.M.J.

ASPIRATIONS TO ST. JOSEPH FOR EVERY DAY IN THE WEEK

*Three Glorias should be added
to each Aspiration.*



Sunday: My dear St. Joseph, I beseech thee to obtain for me a contrite and humble heart, and great purity of soul and body.

Monday: Most glorious St. Joseph, pray for me, that I may accomplish the will of God all the days of my life.

Tuesday: Jesus, Mary, and Joseph! sweet objects of my love, in you, for you, with you, may I live, and die.

Wednesday: Blessed St. Joseph, obtain for me the grace to lead a pure and holy life, ever secure under thy patronage.

Thursday: Beloved St. Joseph, chaste Spouse of the Immaculate Mary, intercede for me that I may obtain pardon, mercy, and salvation.

Friday: Remember me, O most merciful St. Joseph, and pray for me this day and always to

Jesus, who deigned to be called thy son, and who has saved me by his precious blood.

Saturday: O Most noble patriarch, St. Joseph, through thy intercession may the Blessed Virgin, thy Immaculate Spouse, be propitious to me now, and at the hour of my death. Amen.

HAIL! holy St. Joseph, who, chosen by God above all other men, wast enriched with grace and adorned with sanctity, the Lord is with thee; blessed art thou amongst men, and blessed is He who condescended to be reputed thy son, Jesus. O glorious St. Joseph, most worthy Spouse of the Blessed Virgin Mary! pray for us sinners now, and at the hour of our death. Amen.

O Jesus, have mercy on me.
O Mary and Joseph, assist me.

FR. LALLEMANT'S POWERFUL NOVENA TO ST. JOSEPH

No specific prayers are necessary. Each day for 9 days, turn to St. Joseph in spirit honoring him 4 times throughout the day. During each visit, consider one of the following aspects of St. Joseph, remembering to thank God for honoring St. Joseph and, through his intercession, request a similar grace:

- 1st Visit: St. Joseph's Fidelity to Grace; the Holy Ghost's action in his soul.
- 2nd Visit: St. Joseph's Fidelity to the Interior Life; his Spirit of Recollection.
- 3rd Visit: St. Joseph's Love for Our Lady.
- 4th Visit: St. Joseph's Love for the Divine Child.

How to Make this Novena

(These "visits" may be made anywhere – at home, at work, on the street, in the car or bus – and at any time.)

During the first visit, consider St. Joseph's fidelity to grace. Reflect upon the action of the Holy Ghost in his soul. At the conclusion of this brief meditation, thank God for so honoring St. Joseph, and ask, through his intercession, for a similar grace.

Later in the day, consider St. Joseph's fidelity to the interior life. Study his spirit of recollection. Think, thank God, and ask.

Later still, consider St. Joseph's love for Our Lady. Think, thank God, and ask.

Finally, in a fourth visit, reflect upon St. Joseph's love for the Divine Child. Think, thank God, and ask.

Prayer Which May Be Said at the Conclusion of the Visits

(These prayers are adapted from Reflections for a Novena to St. Joseph, by Sister Emily Joseph, C.S.J.)

O My God, I thank Thee and bless Thee for St. Joseph's great faithfulness to grace. Grant that, through his loving intercession and the power of his example, I too may be faithful to grace. O St. Joseph,

intercede for me, and obtain for me the favor I ask. (Name your request).

O My God, I thank Thee and bless Thee for St. Joseph's great faithfulness to the interior life. Grant that, through his loving intercession and the power of his example, I too may be faithful to the interior life. O St. Joseph, intercede for me, and obtain for me the favor I ask. (Name your request).

O My God, I thank Thee and bless Thee for St. Joseph's great love for Our Lady. Grant that, through his loving intercession and the power of his example, I too may truly love the Blessed Virgin Mary. O St. Joseph, intercede for me, and obtain for me the favor I ask. (Name your request).

O My God, I thank Thee and bless Thee for St. Joseph's great love for the Divine Child. Grant that, through his loving intercession and the power of his example, I too may truly love the Child Jesus. O St. Joseph, intercede for me, and obtain for me the favor I ask. (Name your request).