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Ephesus Notes

A Catholic Newsletter Dedicated to Our Lady of Ephesus

A free publication designed for the needs of the elderly. ©2020 Archives available at www.mothersforpriests.org/ephesus-notes

Volume 2; Issue 7

June 4, 2020

St. Francis

Caracciolo lived in 16th century Italy. After a miraculous cure from leprosy, he dedicated his life to the service of



God. He promoted adoration of the Most Blessed Sacrament in night time vigils. He preached on our Blessed Mother and visited the shrine of the Holy House in Loreto. Prepared by a spiritual vision, St. Francis died at the age of 44.

A Prayer for Today:

Most Sacred Heart of Jesus, I implore the grace to love You more and more.

St. Francis Caracciolo

Quote of the Day:

“My most beloved Lord, how good you are! Blood of Christ shed for me! It is mine, do not deny it to me because it is mine! . . .

O Paradise, O Paradise, Blessed are those who live in your house, O Lord.”

—Saint Francis Caracciolo

The Month of June is

traditionally dedicated to the Most Sacred Heart of Jesus.

Below is an invocation from the Litany of the Most Sacred Heart. This past Sunday was Pentecost, and so we have a word find on the Holy Spirit.

Heart of Jesus, Son of the Eternal Father, *Have mercy on us.*

The 12 Fruits of the Holy Spirit

Word Find Puzzle

CHARITY

C L U E C M E M Q H R J V E Q

H V U C T C U W I H Y M R Y C

JOY

A W G N J Z H E R I S I F W V

PEACE

R F I E M H A A L R S E Y B U

I G M I L D N E S S B D T X J

PATIENCE

T O T T L I A K E T N L E S L

Y R D A V Y C N E N I T N O C

BENIGNITY

Y P V P Q A D A M V B T N L M

E C A E P O E K X O W G Y O H

GOODNESS

L M T D O S R N Y I A S D Y I

LONGANIMITY

M S Y G Q T K P T N M E I O S

H Y I T X S E D I K S K N Z O

MILDNESS

I E T E H R D M N T X G E F O

H I D I U T I U Y J Y P A R K

FAITH

U Y R L N T I O F Q O Y G A C

MODESTY

H C V W Y G V A Q C J I Q T K

S T S Y F F I Q F K M Q B D K

CONTINENCY

V Z I F R W Q N Q N B B N N L

B M I J R Y C Q E I O Q E P N

CHASTITY

X J E J R E K C P B E P L F W

C E N P F D S C S B C V D Y E