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PRAYERS OF SAINTS TO THE HOLY SPIRIT

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Prayer for the Help of the Holy Spirit

Saint Anthony of Padua

O God, send forth Your
Holy Spirit into my heart
that I may perceive,
into my mind
that I may remember,
and into my soul
that I may meditate.

Inspire me to speak with piety,
holiness, tenderness and mercy.

Teach, guide and direct
my thoughts and senses
from beginning to end.

May Your grace ever help
and correct me, and may I be
strengthened now with wisdom
from on high, for the sake
of Your infinite mercy. Amen.

Prayer for the Indwelling of the Spirit

Saint Augustine of Hippo

Holy Spirit, powerful Consoler,
sacred Bond of the Father
and the Son, Hope of the afflicted,
descend into my heart

and establish in it
Your loving dominion.

Enkindle in my tepid soul
the fire of Your Love
so that I may be
wholly subject to You.

We believe that when
You dwell in us,
You also prepare a dwelling
for the Father and the Son.

Deign, therefore, to come to me,
Consoler of abandoned souls,
and Protector of the needy.

Help the afflicted,
strengthen the weak,
and support the wavering.

Come and purify me.

Let no evil desire
take possession of me.
You love the humble
and resist the proud.

Come to me,
glory of the living,
and hope of the dying.
Lead me by Your grace
that I may always be
pleasing to You. Amen.

Prayer for the Gifts of the Holy Spirit

St. Alphonsus Liguori

Holy Spirit, divine Consoler,
I adore You as my true God,
with God the Father
and God the Son.

I adore You and unite myself
to the adoration You receive
from the angels and saints.

I give You my heart
and I offer my ardent
thanksgiving for all the grace
which You never cease
to bestow on me.

O Giver of all supernatural
gifts, who filled the soul
of the Blessed Virgin Mary,
Mother of God,
with such immense favors,
I beg You to visit me
with Your grace and Your love
and to grant me
the gift of holy fear,

so that it may act on me
as a check to prevent me
from falling back into my past
sins, for which I beg pardon.

Grant me the gift of piety,
so that I may serve You for
the future with increased fervor,
follow with more promptness
Your holy inspirations,
and observe Your divine
precepts with greater fidelity.

Grant me the gift of knowledge,
so that I may know the things
of God and, enlightened
by Your holy teaching,
may walk, without deviation,
in the path of eternal salvation.

Grant me the gift of fortitude,
so that I may overcome
courageously all the assaults
of the devil, and all the dangers
of this world which threaten
the salvation of my soul.

Grant me the gift of counsel,
so that I may choose
what is more conducive
to my spiritual advancement
and may discover the wiles
and snares of the tempter.

Grant me the gift of
understanding,
so that I may apprehend
the divine mysteries and
by contemplation
of heavenly things detach
my thoughts and affections
from the vain things
of this miserable world.

Grant me the gift of wisdom,
so that I may rightly direct
all my actions, referring them
to God as my last end;
so that, having loved Him
and served Him in this life,
I may have the happiness
of possessing Him eternally
in the next. Amen.