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Ephesus Notes

A Catholic Newsletter Dedicated to Our Lady of Ephesus

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St. Benedict was the founder of monasteries. He wrote his rule that brought discipline, order, and good sense for the lives of religious men. The Benedictine monasteries preserved great works of faith and culture in the medieval era. There were many saints from the Benedictine order and in the Benedictine tradition.

POPE FRANCIS PRAYER INTENTION FOR THE MONTH OF JULY

Our Families

We pray that today's families may be accompanied with love, respect and guidance.

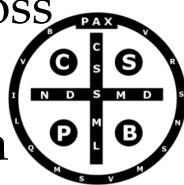
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St. Benedict Medal Prayer:

“May the holy cross
be my light!

May the dragon

never be my guide!”



*Second Week of July, 2020
Month of the Most Precious
Blood of Jesus*

Quote of the Day:

“St Benedict's life was steeped in an atmosphere of prayer, the foundation of his existence. Without prayer there is no experience of God.”

—Pope Benedict XVI

FEATURED SAINTS FEAST DAYS

July 9: St. Zeno, one of ten thousand companions martyred in Rome under the wicked emperor Diocletian in AD 300.

July 10: St. Alexander, an ancient Roman martyr, AD 165

July 11: St. Benedict of Nursia, AD 547

Blood of Christ, victor over demons, Save us!

Prayer to Saint Benedict Word Find Puzzle

Find the all-CAPITALIZED words in bold print.

T C E T O R P C G E S T I L O V E O N S E T D
H E L P E D I R S S N N S E V I L B O H C H E
S H O M E T A T O O T E S A E L P J I O A A L
Q N A O S C A R I E S A E S I D O E T W L N I
G N O A E B C S R C H I L D R E N C A E P K V
Y N N I L L S C O M P A N I O N S T T R K T E
C O I I S E E D E C R E T N I G T I P I R C R
M H S S R S D E Z I L A T I P A C O M N O I E
L H R P S S E P A R A T E D R O S N E G W D D
L J P I F E S S Y T R E P O R P T A T F E E R
U O O U S D L G S P H Y S I C A L B I F S N U
F N E M A T L B C O M P A N Y H O L Y N W E L
L A U T I R I P S H P A L W A Y S E N X T B E

Dear **SAINT BENEDICT**, I **THANK** God for **SHOWERING** you with His **GRACE** to **LOVE** Him above all else and to **ESTABLISH** a **MONASTIC RULE** that has **HELPED** so **MANY** of His **CHILDREN LIVE FULL** and **HOLY LIVES**. Through the **CROSS** of Jesus **CHRIST**, I ask you to **PLEASE INTERCEDE** that **GOD** might **PROTECT** me, my loved ones, my **HOME, PROPERTY, POSSESSIONS**, and **WORKPLACE** today and **ALWAYS** by your holy **BLESSING**, that we may never be **SEPARATED** from Jesus, Mary, and the **COMPANY** of all the **BLESSED**.

Through your **INTERCESSION** may we be **DELIVERED** from **TEMPTATION, SPIRITUAL OPPRESSION, PHYSICAL ILLS**, and **DISEASE**. Protect us from drug and alcohol abuse, impurity and immorality, **OBJECTIONABLE COMPANIONS**, and negative attitudes. In Jesus' **NAME. AMEN.**