



J.M.J.

# Ephesus Notes

*A Catholic Newsletter Dedicated to Our Lady of Ephesus*

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*Volume 2; Issue 11*

**St. Bridget of Sweden** was a 14th century noble woman, a wife, a mother, a widow, a foundress of an order, and a mystic. She loved to pray before a crucifix. Our Lord spoke to her from the Cross.

**St. Charbel Makhlof** was a 19th century Maronite hermit who lived alone in prayer for many years. He has obtained many miracles by his intercession.

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**FEATURED SAINTS FEAST DAYS**

**July 23: St. Bridget of Sweden**

**July 24: St. Charbel Makhlof**

**July 25: St. James the Apostle**  
preached to Spain, first apostle to be martyred.

**July 26: Sts. Joachim and Anne,**  
parents of the Blessed Virgin Mary.

*Fourth Week of July, 2020  
Month of the Most Precious  
Blood of Jesus*

## **Quote of the Day:**

“Always prefer My will before your own, because My Mother, your Lady, has, from the beginning to the end, never wanted anything but what I wanted.”

–Jesus to St. Bridget

## **Jesus Prayer:**

Lord Jesus Christ,  
Son of the Living God,  
have mercy on me,  
a sinner.

**Blood of Christ, hope of the penitent, *Save us!***

# Prayer to Saint Charbel Word Find Puzzle

*Find the all-capitalized words in bold print.*

I N S P I R E D N M I G E X A M P L E D H I D  
J N I R D M T M A S N N P E R F E C T E G H O  
U V T R U I O N W T F I K P H G U O R H T I G  
B E O E M O I N M R I W R S S Q H O L Y Q M S  
Y L C R R F V O K E N O D E I F I R O L G S L  
W T E N E C N A Z N I L Y L W S D L U H E E S  
O H H S E A E Z F G T L T C M O I E P L B L T  
R V T G S I L S P T E O R A H F P M T R O F N  
L E E T I I D I S H L F E R E T U N A A T T I  
D C I K L M N E A I Y T V I D I U H U D C I A  
E C A R G K L G B H O Z O M R O C N E M A H S  
S E U T R I V A W O O N P T C Y T I T S A H C

Lord, **INFINITELY HOLY** and **GLORIFIED** in Your **SAINTS**,  
You have **INSPIRED CHARBEL**, the saint **MONK**, to lead the  
**PERFECT LIFE** of a **HERMIT**.

We thank You for granting him the **BLESSING**  
and the **STRENGTH** to **DETACH HIMSELF** from the **WORLD**  
so that the **HEROISM** of the **MONASTIC VIRTUES** of **POVERTY**,  
**OBEDIENCE**, and **CHASTITY**, could **TRIUMPH** in his hermitage.  
We beseech You to grant us the **GRACE** of loving and serving You,  
**FOLLOWING** his **EXAMPLE**.

**ALMIGHTY GOD**, Who has **MANIFESTED** the **POWER** of St.  
Charbel's **INTERCESSION THROUGH** his **COUNTLESS**  
**MIRACLES** and **FAVOURS**, grant us... (*State your intention/s here...*)  
through his intercession. **AMEN**. Our Father, **HAIL** Mary,  
and Glory be to the **FATHER**.