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J.M.J.

## A TRIDUO TO SAINT JOSEPH

—*St. John Henry Newman*



**FIRST DAY:** *Consider the Glorious Titles of St. Joseph*  
He was the true and worthy Spouse of Mary, supplying in a visible manner the place of Mary's Invisible Spouse, the Holy Ghost. He was a virgin, and his virginity was the faithful mirror of the virginity of Mary. He was the Cherub, placed to guard the new terrestrial Paradise from the intrusion of every foe.

**Prayer on Each Day:**

**V. Blessed be the name of Joseph.**

**R. Henceforth and forever. Amen.**

**Let us pray.**

**God, who in Thine ineffable Providence didst vouchsafe to choose Blessed Joseph to be the husband of Thy most holy Mother, grant, we beseech Thee, that we may be made worthy to receive him for our intercessor in heaven, whom on earth we venerate as our holy Protector: who livest and reignest world without end. Amen.**

**SECOND DAY:** *Consider the Glorious Titles of St. Joseph*  
His was the title of father of the Son of God, because he was the Spouse of Mary, ever Virgin. He was our Lord's father, because Jesus ever yielded to him the obedience of a son. He was our Lord's father, because to him were entrusted, and by him were faithfully fulfilled, the duties of a father, in protecting Him, giving Him a home, sustaining and rearing Him, and providing Him with a trade.

**[Prayer on Each Day]**

**THIRD DAY:** *Consider the Glorious Titles of St. Joseph*  
He is Holy Joseph, because according to the opinion of a great number of doctors, he, as well as St. John the Baptist, was sanctified even before he was born. He is Holy Joseph, because his office, of being spouse and protector of Mary, specially demanded sanctity. He is Holy Joseph, because no other Saint but he lived in such and so long intimacy and familiarity with the source of all holiness, Jesus, God incarnate, and Mary, the holiest of creatures.

**[Prayer on Each Day]**

## MEMORARE OF SAINT JOSEPH

Remember, O most illustrious Patriarch St. Joseph, on the testimony of St. Teresa, thy devoted client, never has it been heard that anyone invoked thy protection or sought thy mediation who has not obtained relief. In this confidence I come before thee, my loving protector, chaste Spouse of Mary, foster-father of the Saviour of men and dispenser of the treasures of His Sacred Heart. Despise not my earnest prayer but graciously hear and obtain my petition.

Let us pray.

O God, Who by Thy ineffable Providence didst

vouchsafe to choose Blessed Joseph for the spouse of Thy most holy Mother, grant, we beseech Thee, that he whom we venerate as our protector on earth may be our intercessor in Heaven. Who livest and reignest for ever and ever. Amen.



## ST. TERESA OF AVILA ON SAINT JOSEPH

“His aid has brought me more good than I ever desired to receive from him. I do not remember at any time having asked him for anything which he did not grant. . . . I know from experience that this glorious Saint Joseph helps us in all kinds of needs. It appears then that God wishes us to understand that as He was obedient to Joseph when He was on earth (for Saint Joseph was called His father and he could command Him) so now in Heaven God grants whatever Joseph asks.”

*-Autobiography*