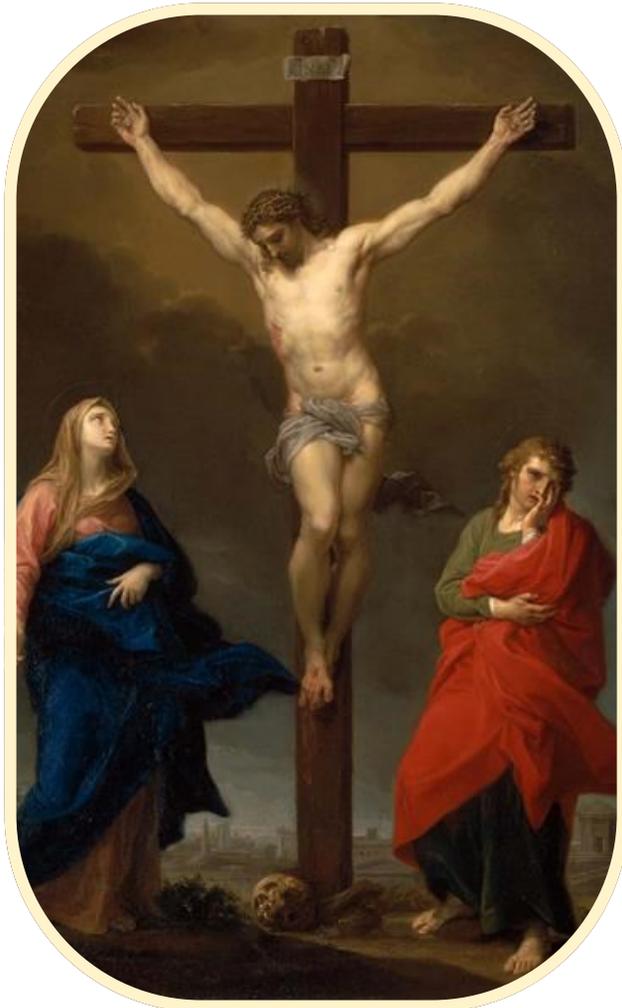


†
J.M.J.

PRAYERS FOR CONFESSION

—*Raccolta*



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BEFORE CONFESSION

MERCIFUL God! I give infinite thanks to Thee for the many and great graces Thou hast bestowed upon me during my whole life. Would that I had never been ungrateful to Thee, that I never had offended Thee. But I have sinned exceedingly and often, and have done so again since my last confession. Therefore I come to Thee, imploring Thee in profoundest humility to give me Thy light and Thy grace, that I may know and acknowledge all my sins, faults, and transgressions, be truly sorry for them, sincerely confess them, do penance, and amend my life; for Thy greater glory and for the salvation of my soul.

*Examine your conscience.
Be prepared to identify any mortal
sins by kind and by number, at
least approximately by frequency.*

SUPREME God and Lord!
A poor sinner, I cast myself at
the throne of Thy divine
Majesty, and contritely confess
that I have sinned in thought,
word, and deed, and through
the omission of my duties. I am
heartily sorry that I was
ungrateful to Thee and have
deserved to be punished in this
life and in the life to come.
Above all I am sorry because by
my sins I have offended Thee,
my supreme and infinite God,
who art worthy to be loved and
honored above all else for Thy
supreme goodness and mercy.

I detest and abhor my sins
above all other evils, and wish I
had never committed them.
Humbly I implore Thy pardon,
and confidently hope to obtain
it through the merits of the
blood of Jesus Christ shed for us
poor sinners, and through those
of the Blessed Virgin Mary, of
the Holy Helpers, and of all the
saints.

I firmly purpose to amend my life, to avoid all occasions of sin, to use the means for conquering my passions, and to practise virtue by ordering my life according to Thy divine will and pleasure, and rather to die than to offend Thee again, my God and Lord. I am now ready to make reparation to Thy divine Justice for all the offenses of which I have been guilty against Thee, as far as is in my power. Therefore I will confess my sins sincerely, contritely, fully, and perform the penance imposed upon me.

While you wait, consider a simple prayer:

Jesus, Son of David,
have pity on me.

BEFORE ENTERING THE CONFSSIONAL.

The Lord be in my heart and on my lips that I may worthily and competently confess my sins.

AFTER CONFESSION

O GOD of infinite mercy! I give Thee due thanks, and praise Thee for having admitted me to the confession of my sins and for having, through Thy minister, granted me absolution for them. I implore Thee by the merits of Jesus Christ, Thy Son, of Mary, His most blessed Mother, of the Holy Helpers, and of all the saints, to accept my confession, and in Thy infinite mercy to condone and amend all the defects and faults I committed in making it, and to ratify in heaven the absolution I received on earth.

O my Jesus! How blind I was in not knowing Thee and preferring transitory beauty and earthly attractions to Thy grace and love, and thereby offending Thee! Now I acknowledge my fault, and am convinced that it is my duty and privilege to love Thee above all things. Too late I have learned it, but I shall zealously strive to make reparation for my past neglect.

Therefore I renounce the pleasures, vanities, and joys of this deceitful world, and abhor sin and all that leads to it. In the future nothing shall ever part me from Thy love. From this moment on I am resolved nevermore to offend Thee. Confirm, O Jesus, this my resolution, and with Thy almighty power strengthen my frailty. Seal my purpose of amendment with the bestowal of Thy grace, and preserve me in Thy grace and love unto the end. Amen.

Prayer of Thanksgiving

Merciful Lord, with a pure heart I thank You for taking away my sins. Let Your Holy Spirit guide my life so that my soul may bear the fruit of love, joy, peace, patience, kindness, goodness, trustfulness, gentleness, and self-control. Renew my desire to be Your faithful friend and servant, increase my loving dependence on You, and grant me that joy and peace of heart which comes from doing Your holy will. Through Christ our Lord. Amen.