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J.M.J.

NOVENA TO THE HOLY SPIRIT

*This is the prototype of all novenas.
It commemorates the nine days
between the Ascension of Our Lord
and the descent of the Holy Spirit
on the first Pentecost Sunday.*



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*Prayed on Friday after Ascension
Thursday and each day until
Saturday, the Vigil of Pentecost*

O Holy Spirit,
O my God,
I adore Thee,
and acknowledge,
here in Thy divine presence,
that I am nothing
and can do nothing
without Thee.
Come, great Paraclete,
Thou father of the poor,
Thou comforter the best,
fulfil the promise
of our blessed Savior,
Who would not leave us
orphans,
and come into the mind
and the heart of Thy poor,
unworthy creature,
as Thou didst descend
on the sacred day of Pentecost
on the holy Mother of Jesus
and on His first disciples.

Grant that I may participate
in those gifts
which Thou didst
communicate to them
so wonderfully,
and with so much
mercy and generosity.
Take from my heart
whatever is
not pleasing to Thee,
and make of it a worthy
dwelling-place for Thyself.
Illumine my mind,
that I may see
and understand
the things that are
for my eternal good.
Inflame my heart
with pure love of Thee,
that I may be cleansed
from the dross of all
inordinate attachments,
and that my whole life
may be hidden
with Jesus in God.

Strengthen my will,
that I may be made
conformable to
Thy divine will,
and be guided by
Thy holy inspirations.
Aid me by Thy grace
to practice
the divine lessons
of humility, poverty,
obedience, and
contempt of the world,
which Jesus taught us
in His mortal life.
Oh, rend the heavens, and
come down, consoling Spirit!
that inspired
and encouraged by Thee,
I may faithfully comply
with the duties of my state,
carry my daily cross
most patiently,
and endeavor to accomplish
the divine will
with the utmost perfection.

Spirit of love!
Spirit of purity!
Spirit of peace!
Sanctify my soul
more and more, and
give me that heavenly peace
which the world
cannot give.
Bless our Holy Father
the Pope,
bless the Church,
bless our bishops,
our priests,
all Religious Orders,
and all the faithful,
that they may be filled
with the spirit of Christ
and labor earnestly
for the spread
of His kingdom.
O Holy Spirit,
Thou Giver of every good
and perfect gift,
grant me, I beseech Thee,
the intentions of this novena.



May Thy will be done in me
and through me.
Mayest Thou be praised
and glorified forevermore!
Amen.

SHORTER NOVENA PRAYER

O Holy Spirit, who descended
upon the Apostles
and filled them
with power and wisdom,
watch over me
and guide me in all
my thoughts and acts.
Never let me forget
to call on you whenever
I need help. Amen.
O Holy Spirit, Spirit of Truth,
come into our hearts,
shed the brightness
of Your light
on all nations,
that they may be
one in faith
and pleasing to You.