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**UNIVERSAL PRAYER
FOR ALL THINGS
NECESSARY
FOR SALVATION**
—*Pope Clement XI*



O MY God, I believe in Thee;
do Thou strengthen my faith.
All my hopes are in Thee;
do Thou secure them.

I love Thee
with my whole heart;
teach me to love Thee
daily more and more.

I am sorry
that I have offended Thee;
do Thou increase my sorrow.

I adore Thee
as my first beginning;
I long for Thee
as my last end.

I give Thee thanks
as my constant benefactor;
I call upon Thee
as my sovereign protector.

Vouchsafe, O my God,
to conduct me by Thy wisdom,
to restrain me by Thy justice,
to comfort me by Thy mercy,
to defend me by Thy power.

To Thee I desire to consecrate
all my thoughts, words,
actions, and sufferings;

that henceforward I may
think of Thee,
speak of Thee,
constantly refer
all my actions
to Thy greater glory,
and suffer willingly
whatever Thou shall appoint.

Lord, I desire
that in all things
Thy will may be done,
because it is Thy will,
in the manner Thou willest,
and as long as Thou willest.

I beg of Thee
to enlighten
my understanding,
to inflame my will,
to purify my body,
and to sanctify my soul.

Grant that I be not
puffed up with pride,
moved by flattery,
deceived by the world,
or duped by the devil.

Give me grace
to purify my memory,
to bridle my tongue,
to restrain my eyes,
and to mortify my senses.

Give me strength, O my God,
to expiate my offences,
to overcome my temptations,
to subdue my passions,
and to acquire the virtues
proper for my state.

Fill my heart with a tender
affection for Thy goodness,
a hatred for my faults,
a love for my neighbour,
and a contempt of the world.

Let me always remember
to be submissive
to those set over me,
kindly to those under me,
faithful to my friends,
and charitable to my enemies.

Grant, O Jesus,
that I may remember
Thy precept and example,
by loving my enemies,

bearing with injuries,
doing good to those
who persecute me,
and praying for those
who slander me.

Assist me to overcome
sensuality by mortification,
avarice by alms-deeds,
anger by meekness,
and tepidity by devotion.

O my God, make me
prudent in my undertakings,
courageous in dangers,
patient in afflictions,
and humble in prosperity.

Grant that I may be ever
attentive at my prayers,
temperate at my meals,
diligent in my employments,
and constant
in my good resolutions.

Let my conscience be
ever upright and pure,
my exterior modest,
my conversation edifying,
and my life according to rule.

Assist me,
that I may continually labour
to overcome nature,
to correspond with Thy grace,
to keep Thy commandments,
and to work out my salvation.

Help me to obtain
holiness of life
by a sincere confession
of my sins,
by a devout reception
of the Body of Christ,
by a continual
recollection of mind,
and by a pure
intention of heart.

Discover to me, O my God,
the nothingness of this world,
the greatness of heaven,
the shortness of time,
and the length of eternity.

Grant
that I may prepare for death,
that I may fear Thy judgements,
that I may escape hell,
and in the end obtain heaven,
through the merits of
our Lord Jesus Christ.
Amen.