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J.M.J.

# PRAYERS OF SAINTS TO THE HOLY SPIRIT



## Prayer for the Help of the Holy Spirit

*Saint Anthony of Padua*

O God, send forth Your  
Holy Spirit into my heart  
that I may perceive,  
into my mind  
that I may remember,  
and into my soul  
that I may meditate.

Inspire me to speak with piety,  
holiness, tenderness and mercy.

Teach, guide and direct  
my thoughts and senses  
from beginning to end.

May Your grace ever help  
and correct me, and may I be  
strengthened now with wisdom  
from on high, for the sake  
of Your infinite mercy. Amen.

## Prayer for the Indwelling of the Spirit

*Saint Augustine of Hippo*

Holy Spirit, powerful Consoler,  
sacred Bond of the Father  
and the Son, Hope of the afflicted,  
descend into my heart

and establish in it  
Your loving dominion.

Enkindle in my tepid soul  
the fire of Your Love  
so that I may be  
wholly subject to You.

We believe that when  
You dwell in us,  
You also prepare a dwelling  
for the Father and the Son.

Deign, therefore, to come to me,  
Consoler of abandoned souls,  
and Protector of the needy.

Help the afflicted,  
strengthen the weak,  
and support the wavering.

Come and purify me.

Let no evil desire  
take possession of me.  
You love the humble  
and resist the proud.

Come to me,  
glory of the living,  
and hope of the dying.  
Lead me by Your grace  
that I may always be  
pleasing to You. Amen.

## **Prayer for the Gifts of the Holy Spirit**

*Saint Alphonsus Liguori*

Holy Spirit, divine Consoler,  
I adore You as my true God,  
with God the Father  
and God the Son.

I adore You and unite myself  
to the adoration You receive  
from the angels and saints.

I give You my heart  
and I offer my ardent  
thanksgiving for all the grace  
which You never cease  
to bestow on me.

O Giver of all supernatural  
gifts, who filled the soul  
of the Blessed Virgin Mary,  
Mother of God,  
with such immense favors,  
I beg You to visit me  
with Your grace and Your love  
and to grant me  
the gift of holy fear,

so that it may act on me  
as a check to prevent me  
from falling back into my past  
sins, for which I beg pardon.

Grant me the gift of piety,  
so that I may serve You for  
the future with increased fervor,  
follow with more promptness  
Your holy inspirations,  
and observe Your divine  
precepts with greater fidelity.

Grant me the gift of knowledge,  
so that I may know the things  
of God and, enlightened  
by Your holy teaching,  
may walk, without deviation,  
in the path of eternal salvation.

Grant me the gift of fortitude,  
so that I may overcome  
courageously all the assaults  
of the devil, and all the dangers  
of this world which threaten  
the salvation of my soul.

Grant me the gift of counsel,  
so that I may choose  
what is more conducive  
to my spiritual advancement  
and may discover the wiles  
and snares of the tempter.

Grant me the gift of  
understanding,  
so that I may apprehend  
the divine mysteries and  
by contemplation  
of heavenly things detach  
my thoughts and affections  
from the vain things  
of this miserable world.

Grant me the gift of wisdom,  
so that I may rightly direct  
all my actions, referring them  
to God as my last end;  
so that, having loved Him  
and served Him in this life,  
I may have the happiness  
of possessing Him eternally  
in the next. Amen.