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PRAYERS FOR GIFTS AND FRUITS OF THE HOLY SPIRIT



PRAYER FOR THE SEVEN GIFTS OF THE HOLY GHOST

O almighty and eternal God,
Thou hast vouchsafed to adopt
me for Thy child in the holy
Sacrament of Baptism;
Thou hast granted me the
remission of my sins at the
tribunal of penance;
Thou hast made me to sit at Thy
holy table, and hast fed me with
the bread of angels; perfect in me,
I beseech Thee, all these benefits.
Grant unto me

the spirit of Wisdom, that I may
despise the perishable things of
this world, and love the things
that are eternal;

the spirit of Understanding, to
enlighten me and to give me the
knowledge of religion;
the spirit of Counsel, that I may
diligently seek the surest ways of
pleasing God and obtaining
Heaven;

the spirit of Fortitude, that I may
overcome with courage all the
obstacles that oppose my
salvation;

the spirit of Knowledge, that I
may be enlightened in the ways of
God;

the spirit of Piety, that I may find
the service of God both sweet and
amiable;

the spirit of Fear, that I may be
filled with a loving reverence
towards God, and may dread in
any way to displease him.

Seal me, in Thy mercy,
with the seal of a disciple
of Jesus Christ, unto everlasting
life; and grant that, carrying the
cross upon my forehead,
I may carry it also in my heart,
and confessing Thee boldly
before men, may merit to be
one day reckoned in the number
of Thy elect. Amen.

PRAYER FOR THE TWELVE FRUITS OF THE HOLY GHOST

O Holy Spirit, Eternal Love
of the Father and the Son,
vouchsafe to grant unto me,
I beseech Thee,

the fruit of Charity, that I may
be united to Thee by divine
love;

the fruit of Joy, that I may be
filled with a holy consolation;

the fruit of Peace, that I may
enjoy inward tranquillity of
soul;

the fruit of Patience, that I may
endure humbly every thing that
may be opposed to my own
desires;

the fruit of Benignity, that I may willingly relieve the necessities of my neighbour;
the fruit of Goodness, that I may be benevolent towards all;
the fruit of Longanimity, that I may not be discouraged by delay, but may persevere in prayer;
the fruit of Mildness, that I may subdue every rising of evil temper, stifle every murmur, and repress the susceptibilities of my nature, in all my dealings with my neighbour;
the fruit of Fidelity, that I may rely, with assured confidence, on the word of God;
the fruit of Modesty, that I may order my exterior regularly;
the fruits of Contineny and Chastity, that I may keep my body in such holiness as becometh Thy temple, so that, having by Thy assistance, preserved my heart pure on earth, I may merit, in Jesus Christ, according to the words of the Gospel, to see God eternally in the glory of His kingdom. Amen.

**A PRAYER FOR THE
RENEWAL OF THE GRACE
OF CONFIRMATION**

*(It may be used also on the
Anniversary of the Day.)*

O my Lord and my God, I have received, through Thy mercy, the holy Sacrament of Confirmation; preserve, I beseech Thee, in my soul, and renew therein continually, the powerful effects of this divine ordinance, that I may be enabled henceforth to perform all its obligations, and to live according to the spirit of a true and perfect Christian.

I have been enlisted into Thy heavenly army, and have received the character of a soldier of Jesus Christ: grant that, always and in all places, I may prove myself the faithful servant of Him, in Whom dwelleth all the fulness of the Spirit, and, shedding forth the odour of a holy life, may edify my neighbour by my good example.

Grant, I most humbly beseech Thee, that neither the world, nor the customs of the world, may infect my soul with

their pernicious maxims, and that its vain flatteries and allurements may never make any impression on my soul.

Assist me by Thy grace, that I may firmly reject the dangerous solicitations of the worldly, and hearken not to the poisonous discourses of the unbelieving; and may I endeavour, by my counsel and example, to prevent my brethren in the faith from being ensnared by their deceitful words, or falling a prey to their malicious wickedness, ever seeking to draw others to the same abyss of error and destruction.

Grant me, O my God, such purity of intention, such true humility and strength of faith, that my whole heart and mind being raised above all earthly things, and the illusions of a false philosophy, I may seek but Thee, put my trust only in Thy divine word, and firmly adhere to the decisions of Thy Church, which alone can surely guide the learned and the ignorant into the way of truth and everlasting life. Amen.