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J.M.J.

FLOWER OF CARMEL

— *Saint Simon Stock;*
Flos Carmeli Sequence
for the Feast of Our Lady
of Mount Carmel



Flower of Carmel,
Tall vine blossom laden;
Splendour of heaven,
Childbearing yet maiden.
None equals thee.

Mother so tender,
Who no man didst know,
On Carmel's children
Thy favours bestow.
Star of the Sea.

Strong stem of Jesse,
Who bore one bright flower,
Be ever near us
And guard us each hour,
who serve thee here.

Purest of lilies,
That flowers among thorns,
Bring help to the true heart
That in weakness turns
and trusts in thee.

Strongest of armour,
We trust in thy might:
Under thy mantle,
Hard press'd in the fight,
we call to thee.

Our way uncertain,
Surrounded by foes,
Unfailing counsel
You give to those
who turn to thee.

O gentle Mother
Who in Carmel reigns,
Share with your servants
That gladness you gained
and now enjoy.

Hail, Gate of Heaven,
With glory now crowned,
Bring us to safety
Where thy Son is found,
true joy to see.
Amen. (Alleluia.)

PRAYER TO OUR LADY, COMFORTER OF THE AFFLICTED

— *The Raccolta*



Immaculate Virgin Mary,
Mother of God
and our most
compassionate Mother,
we present ourselves
in thy sight
in all humility,
and with full confidence
we implore thee
for thy maternal patronage.

Thou hast been proclaimed
by Holy Church
the Comforter of the Afflicted,
and to thee constant
recourse is had
by the sorrowful
in their afflictions,
the sick
in their maladies,
the dying
in their agony,
the poor
in their straitened
circumstances,
those who stand
in all manner of need
in both public

and private calamities;
and from thee they all
receive consolation and
strength.

Our dearest Mother,
turn upon us also,
wretched sinners that we are,
thy merciful eyes,
and graciously accept
our humble

and confident prayers.
Aid us in all our spiritual
and temporal necessities,
deliver us from all evil
and especially from sin,
which is the greatest evil,
and from all danger
of falling into it;
obtain for us
from thy Son Jesus
every blessing
of which thou seest
we stand in need
both in soul and body,
and especially the greatest
blessing of all,
which is Divine Grace.
Amen.