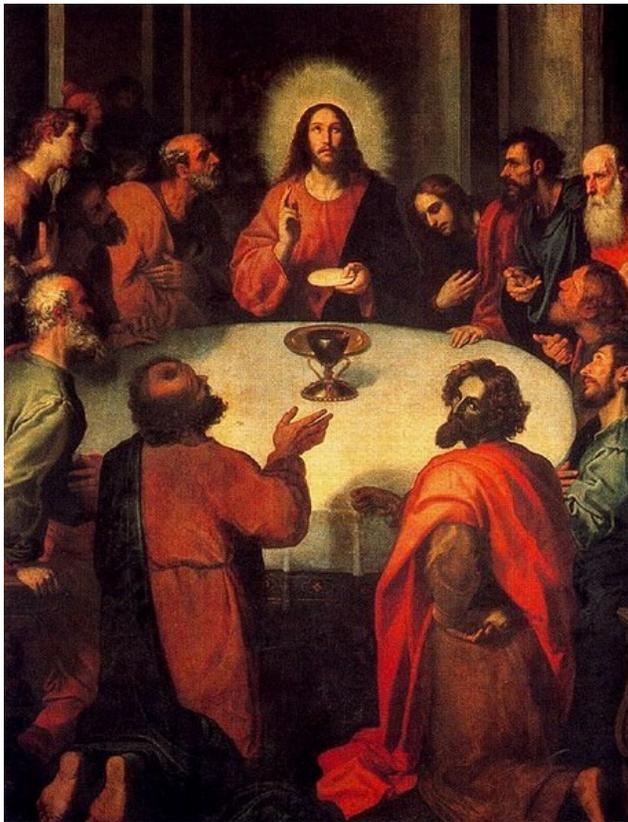


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J.M.J.

## SPIRITUAL COMMUNION PRAYERS

— *Five Acts*  
*of Spiritual Communion*



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1.

O my Sweet Savior  
Jesus Christ,  
Thou art  
my Sovereign God,  
the Fountain of All Good,  
my God and my All.  
What a blessing  
it would be for me,  
could I, at this moment,  
possess Thee in my heart,  
and there render Thee  
my praise,  
and lay before Thee  
my necessities,  
and share in the graces  
Thou bestowest  
on those who really  
receive Thee.  
O come to me, dear Lord,  
in spirit, and take full  
possession of my heart  
and of my soul.  
To Thee, I give my memory  
that Thou mayest always

dwell in my thoughts,  
my understanding  
that it may ever be engaged  
in contemplating Thy love  
and goodness,  
and my will that thou mayest  
direct to it the keeping  
of Thy Holy Law.  
To Thee I give my whole self,  
oh my Jesus, make me to be  
ever Thine.  
May the virtue of Thy divine  
Sacrament increase by faith,  
fortify my hope,  
purify my charity,  
and fill my heart  
with Thy love.  
O let me be Thine and Thou  
mine from henceforth  
and forever;  
and grant that nothing  
in life or death  
may ever separate me  
from Thee any more.  
Amen.

2.

O my Jesus, I believe that You are truly present in the Most Blessed Sacrament. I love You above all things, and I desire to receive You into my soul. Since I am now unable to receive You sacramentally, come at least spiritually into my heart. I embrace You as being already there and unite myself wholly to You. Never, never permit me to be separated from You. Amen.

3.

I believe that You, O Jesus, are in the Most Holy Sacrament. I love You and desire You. Come into my heart. I embrace You. O never, never leave me. May the burning and Most Sweet Power of Your Love, O Lord Jesus, I beseech You, absorb my mind that I may die

of love for Your Love, who were graciously pleased to die through love of my love. Amen.

4.

Soul of Christ, sanctify me.  
Body of Christ, save me.  
Blood of Christ, inebriate me.  
Water from the side of Christ, wash me. Passion of Christ, strengthen me. O Good Jesus, hear me. Within Thy wounds, hide me. Suffer me not to be separated from Thee. From the malicious enemy, defend me. In the hour of my death, call me, and bid me to come to Thee; that with Thy Saints I may be praising Thee forever and ever. Amen.

5.

Eternal Father, I offer up to Thee my intellect, that it may learn to know Thee alone. Sweetest Jesus, I offer up to Thee my memory, that it may remember Thee alone.

Holy Spirit, Spirit of Charity, I offer up to Thee my will, that Thou mayest enkindle and warm it by Thine divine love. Adorn my soul with Thy seven gifts, and let me become thy pure temple. Fill me with Thy grace, and prepare my heart to receive spiritually my God. Jesus, my God, as I am unable to receive Thee sacramentally, do Thou receive me into Thy heart and unite me so perfectly with It that nothing may ever be able to separate me, even for a moment, from Thee. Engulf my misery and my nothingness in the abyss of Thy mercy, that I, changed into Thee, may henceforth live only for Thee, by Thee, and in Thee. Come, therefore, Thou, my only satisfaction, come to take possession of this heart, which belongs to Thee, and cannot live one moment without Thee. Amen