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J.M.J.

PRAYERS
ACCORDING TO
THE HOURS OF THE
DAY AND NIGHT
—*Saint John Chrysostom*



1. O Lord, deprive me not of Thy heavenly blessings.
2. O Lord, deliver me from eternal torment.
3. O Lord, if I have sinned in my mind or thought, in word deed, forgive me.
4. O Lord, deliver me from every ignorance and heedlessness, from pettiness of the soul and stony hardness of heart.
5. O Lord, deliver me from every temptation.
6. O Lord, enlighten my heart darkened by evil desires.
7. O Lord, I, being a human being, have sinned; do Thou, being God, forgive me in Thy lovingkindness, for Thou knowest the weakness of my soul.
8. O Lord, send down Thy grace to help me, that I may glorify Thy holy Name.
9. O Lord Jesus Christ, inscribe me, Thy servant, in the Book of Life, and grant me a blessed end.
10. O Lord my God, even if I have done nothing good in Thy sight, yet grant me, according to Thy grace, that I may make a start in doing good.
11. O Lord, sprinkle on my heart the dew of Thy grace.
12. O Lord of heaven and earth, remember me, Thy sinful servant, cold of heart and impure, in Thy Kingdom.
13. O Lord, receive me in repentance.
14. O Lord, leave me not.
15. O Lord, save me from temptation.
16. O Lord, grant me pure thoughts.
17. O Lord, grant me tears of repentance, remembrance of death, and the sense of peace.
18. O Lord, grant me mindfulness to confess my sins.
19. O Lord, grant me humility, charity, and obedience.
20. O Lord, grant me tolerance, magnanimity, and gentleness.
21. O Lord, implant in me the root of all blessings: the fear of Thee in my heart.
22. O Lord, vouchsafe that I may love Thee with all my heart and soul, and that I may obey in all things Thy will.
23. O Lord, shield me from evil persons and devils and passions and all other lawless matters.
24. O Lord, Who knowest Thy creation and that which Thou hast willed for it; may Thy will also be fulfilled in me, a sinner, for Thou art blessed forevermore.

Evening Prayer to God the Father

by St. Macarius

O eternal God and
Ruler of all creation,
You have allowed me
to reach this hour.

Forgive the sins I have
committed this day
by word, deed or thought.

Purify me, O Lord, from every
spiritual and physical stain.

Grant that I may rise from this
sleep to glorify You by my
deeds throughout my entire
lifetime, and that I be
victorious over every spiritual
and physical enemy.

Deliver me, O Lord, from all
vain thoughts and from evil
desires, for Yours is the
kingdom, and the power, and
the glory, Father, Son, and
Holy Spirit, now and ever,
and forever.

Prayer for Light and Help

by St. Claude de la Colombiere

Jesus, I feel within me a great
desire to please You but, at the
same time, I feel totally
incapable of doing this without
Your special light and help,
which I can expect only from
You. Accomplish Your will in
me - even in spite of me.

Pardon Me

by St. Ignatius of Loyola

Pardon me, O perfections
of my God, for having
preferred imperfect and
evil inclinations to Thee!

Pardon me, O justice
of my God, for having
outraged Thee by my sins.

Pardon me, O holiness
of my God, for having so
long stained Thy sight's
purity by my sins.

Pardon me, O mercy
of my God, for having
despised so long Thy
mercy's voice.

In deep sorrow and contrition,
I cast myself at Thy feet:
Have mercy on me.

Prayer in Celebration of God's Perfections

by St. Alfred the Great

We pray to You, O Lord,
who are the supreme Truth,
and all truth is from You.

We beseech You, O Lord,
who are the highest Wisdom,
and all the wise depend
on You for their wisdom.

You are the supreme Joy,
and all who are happy
owe it to You.

You are the Light of minds,
and all receive their
understanding from You.

We love, we love You above all.

We seek You, we follow You,
and we are ready
to serve You.

We desire to dwell
under Your power
for you are the King of all.

Amen.