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J.M.J.

SEVEN PRAYERS TO OUR LADY OF SEVEN SORROWS

*Pope Pius VII approved this series
of prayers in honor of the Seven
Sorrows for daily meditation.*



O God, come to my assistance;
O Lord, make haste to help me.

Glory be to the Father, the Son,
and the Holy Spirit, as it was in
the beginning, is now, and ever
shall be, world without end.
Amen.

1. I grieve for you, O Mary
most sorrowful, in the
affliction of your tender heart
at the prophecy of the holy
and aged Simeon.
Dear Mother, by your heart
so afflicted, obtain for me the
virtue of humility and the gift
of the holy fear of God.
Hail Mary...

2. I grieve for you, O Mary
most sorrowful, in the anguish
of your most affectionate heart
during the flight into Egypt and
your sojourn there.
Dear Mother, by your heart
so troubled, obtain for me the
virtue of generosity, especially
toward the poor, and the gift
of piety. Hail Mary...

3. I grieve for you, O Mary
most sorrowful, in those
anxieties which tried
your troubled heart
at the loss of your dear Jesus.
Dear Mother, by your heart
so full of anguish, obtain for me
the virtue of chastity and the
gift of knowledge. Hail Mary...

4. I grieve for you, O Mary
most sorrowful, in the
consternation of your heart
at meeting Jesus
as He carried His Cross.
Dear Mother, by your heart
so troubled, obtain for me the
virtue of patience and the gift
of fortitude. Hail Mary...

5. I grieve for you, O Mary
most sorrowful, in the
martyrdom which your
generous heart endured in
standing near Jesus in His
agony.
Dear Mother, by your afflicted
heart obtain for me the virtue
of temperance and the gift
of counsel. Hail Mary...

6. I grieve for you, O Mary most sorrowful, in the wounding of your compassionate heart, when the side of Jesus was struck by the lance before His Body was removed from the Cross. Dear Mother, by your heart thus transfixed, obtain for me the virtue of fraternal charity and the gift of understanding. Hail Mary...

7. I grieve for you, O Mary most sorrowful, for the pangs that wrenched your most loving heart at the burial of Jesus. Dear Mother, by your heart sunk in the bitterness of desolation, obtain for me the virtue of diligence and the gift of wisdom. Hail Mary...

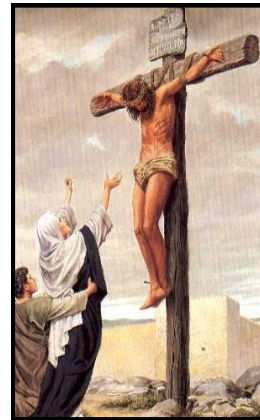
Let Us Pray:

Let intercession be made for us, we beseech You, O Lord Jesus Christ, now and at the hour of our death, before the throne of Your mercy, by the Blessed

Virgin Mary, Your Mother, whose most holy soul was pierced by a sword of sorrow in the hour of Your bitter Passion. Through You, O Jesus Christ, Savior of the world, Who with the Father and the Holy Spirit lives and reigns world without end. Amen.

OFFERING OF THE MERITS
OF THE BLESSED VIRGIN
TO APPEASE THE
DIVINE JUSTICE

In order to appease Thy Divine Justice, we offer Thee, O Lord, the merits acquired by Mary, Thy Mother and ours, when she stood at the foot of the Cross.



*If Thou, O Lord,
wilt mark iniquities,
Lord, who shall abide it?*

Mother of love, of sorrow,
and of mercy, pray for us.

PRAYER TO OUR LADY
OF SORROWS
— St. Bridget

O Blessed Virgin Mary, Immaculate Mother of God, who didst endure a martyrdom of love and grief, beholding the sufferings and sorrows of Jesus! Thou didst co-operate in the benefit of my redemption by thy innumerable afflictions and by offering to the Eternal Father His only-begotten Son as a holocaust and victim of propitiation for my sins. I thank thee for the unspeakable love which led thee to deprive thyself of the Fruit of thy womb, Jesus, true God and true Man, to save me, a sinner. Oh! make use of the unfailing intercession of thy sorrows with the Father and the Son that I may steadfastly amend my life and never again crucify my loving Redeemer by new sins; and that, persevering till death in His grace, I may obtain eternal life through the merits of His Cross and Passion. Amen.