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J.M.J.

# A LITANY OF THANKSGIVING

—*Thesaurus Fidelium*



*[This may be useful in times of depression, as there is nothing routs the evil spirits of despair and despondency so quickly as a brave act of gratitude for God's Goodness.]*

*Ant.* I will bless the Lord at all times, His praise shall be always in my mouth.

Lord, have mercy upon us.

*Christ, have mercy upon us.*

Lord, have mercy upon us.

Christ, hear us.

*Christ, graciously hear us.*

God the Father of Heaven,  
our Creator, *We praise Thee.*

God the Son, our Redeemer,  
*We bless Thee.*

God the Holy Ghost, our  
Sanctifier,

*We adore Thee.*

Holy Trinity, One God, our  
First Beginning and our Last  
End, *We glorify Thee.*

Holy Trinity, One God, our  
God and our All,

*We give Thee thanks for Thy  
great Glory.*

For the revelation of Thyself  
as our Father,

*We give Thee thanks, O God.*

For the Mission and  
Incarnation of The Word, for  
us men and our salvation,

*We give Thee thanks, O God.*

For the Nativity and Divine  
Infancy and Hidden Life of  
Jesus Christ,

*We give Thee thanks, O God.*

For the public Ministry and  
Doctrine of Jesus the Way, the  
Truth, and the Life,

*We give Thee thanks, O God.*

For the Bitter Passion and  
Lifegiving Death of Jesus,

*We give Thee thanks, O God.*

For His glorious  
Resurrection and admirable  
Ascension,

*We give Thee thanks, O God.*

For the outpouring of the Holy  
Spirit on the Day of Pentecost  
and the building of the Holy  
Catholic Church by our Lord  
Jesus Christ on St. Peter,

*We give Thee thanks, O God.*

For the institution of the Seven Holy Sacraments whereby all men can be saved,

*We give Thee thanks, O God.*

For the abiding Presence of the Holy Spirit in the Holy Catholic Church,

*We give Thee thanks, O God.*

For the Real Presence of Jesus Christ with us in the Blessed Sacrament till the end of time,

*We give Thee thanks, O God.*

For the Immaculate Conception of Mary and all Her Graces and Glory,

*We give Thee thanks, O God.*

For the graces and glory of all the Saints now reigning in Heaven,

*We give Thee thanks, O God.*

For the creation and glory and service of the Holy Angels in nine-fold hierarchy,

*We give Thee thanks, O God.*

For the patience and love of the Holy Souls in Purgatory,

*We give Thee thanks, O God.*

For all Thy graces in the supernatural and natural order bestowed on us through and in Jesus Christ, our Lord, the Holy Ghost working them in us,

*We give Thee thanks, O God.*

And since praise is not seemly in the mouth of sinners, we offer Thee the Sacred Heart of Jesus Christ, that perfect instrument of praise, that it may worthily adore and bless, and thank, and glorify Thee for us, for Thou hast given Him to us, and with Him, all things, and we offer His Sacred Heart to atone for all our poverty and the coldness of our love, and rejoice that we are accepted by Thee, in Him, the Beloved. Amen.

*Gloria Patri.*

*Ant.* I will bless the Lord at all times, His praise shall be always in my mouth: O magnify the Lord with me, and let us extol His Name together.

*All the indulgenced litanies can be used in praise and thanksgiving instead of for impetration by a very slight change made in their recital. Take the Litany of The Most Holy Name of Jesus, and after each invocation, instead of "Have mercy upon us," say, "Praise God, the Blessed Trinity, for us." In the Litany of the Most Sacred Heart substitute "Offer adequate adoration and reparation for us," instead of "Have mercy on us". In the Litany of Loreto say, "Love God and give thanks with and for us," instead of "Pray for us". In the Litany of St. Joseph say "Love and thank God and Mary with us and for us". In a similar manner substitute words of praise and worship for "Pray for us" in the Litany of the Saints. It is not presumption to praise God, for He created us for that very purpose. Of course, the Litanies can only be used for private devotion if they are thus altered.*

*Thesaurus Fidelium: A Manual for those who desire to lead prayerful lives in the world, compiled by a Carmelite Tertiary, H.M.K., London, Longmans, Green and Co., 1914, pp. 110-113, Available at archive.org.*