

Act of Consecration to the Most Sacred Heart of Jesus

by Saint Margaret Mary Alacoque

I, _____ give and consecrate to the Heart of Our Lord Jesus Christ, my whole life, all my actions, my trials, my sufferings, devoting every portion of my being to loving, honoring, and glorifying Him, to working for His love alone, renouncing with all my heart whatever may be displeasing to Him.

I take Thee, then, O Most Sacred Heart, for the one object of my love, the Protector of my life, the Pledge of my salvation, the Remedy of my inconstancy, the Redeemer of all my faults, and my sure refuge in the hour of death.

O Heart of all goodness, be my justification before God the Father, and shield me from the effects of His just anger.

O Heart, overflowing with love, I place all my confidence in Thee, for I dread my own weakness, while I hope everything from Thy bounty.

Do Thou destroy in me whatever may displease Thee or withstand Thy will, and may the pure love of Thee be so deeply imprinted in my heart that I may never forget Thee nor be separated from Thee, and I implore Thee by all Thy love that my name may be graven upon Thee. May it be all my happiness to live and die as Thy slave. Amen.

_____ Date: _____



PRAYER AFTER RECEIVING HOLY COMMUNION

(and at times of stress, distress, trial or sorrow)

**I am sealed forever
in the Most Sacred
Heart of Jesus!**

(Pray 7 times) OR

**I am bound in His
Sacred Heart.** *(Pray 7 times)*