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J.M.J.

**“AVE COR”
THE SALUTATION TO
THE MOST HOLY HEART
OF JESUS AND MARY**

—*Saint John Eudes*



Hail, Heart most holy,
Hail, Heart most meek,
Hail, Heart most humble,
Hail, Heart most pure,
Hail, Heart given without
reserve,
Hail, Heart most wise,
Hail, Heart most patient,
Hail, Heart most obedient,
Hail, Heart most vigilant,
Hail, Heart most faithful,
Hail, Heart most blessed,
Hail, Heart most merciful,
Hail, most loving Heart
of Jesus and Mary;

We adore you,
We praise you,
We glorify you,
We give you
thanks;
We love you,



With all our heart,
With all our soul,
With all our strength;
We offer you our heart,
We give it to you,
We consecrate it to you,
We sacrifice it to you;
Receive and possess it
totally,
Purify it,
Enlighten it,
Sanctify it;
That you may live
and reign in it
now and forever.

*Blessed be forever
the most loving Hearts
and sweet Names
of our Lord Jesus Christ and
of the most glorious Virgin
Mary, His Mother.*

SALUTATION
TO THE
BLESSED VIRGIN MARY

—*Saint John Eudes*

Hail Mary!
Daughter of
God the
Father.

Hail Mary!
Mother of
God the Son.

Hail Mary!
Spouse of the
Holy Spirit.

Hail Mary! Temple of the
Most Blessed Trinity.

Hail Mary! Pure Lily of the
Effulgent Trinity.

Hail Mary! Celestial Rose of
the Ineffable Love of God.

Hail Mary! Virgin pure and
humble, of whom the King
of heaven willed to be born
and with thy milk to be
nourished.



Hail Mary! Virgin of Virgins.
Hail Mary! Queen of Martyrs,
whose soul a sword
transfixed.

Hail Mary! Lady most
blessed! unto whom all
power in heaven and earth
is given.

Hail Mary! My Queen and my
Mother! my Life, my
Sweetness and my Hope.

Hail Mary! Mother Most
Amiable.

Hail Mary! Mother of Divine
Love.

Hail Mary! Immaculate!
Conceived Without Sin!

Hail Mary! Full of Grace!
The Lord is with Thee!

Blessed art thou among
women! And blessed is the
Fruit of thy womb, Jesus!

Blessed be thy spouse,
Saint Joseph.

Blessed be thy father,
Saint Joachim.
Blessed be thy mother,
Saint Anne.

Blessed be thy guardian,
Saint John.

Blessed be thy holy angel,
Saint Gabriel.

Glory be to God the Father,
Who chose thee.

Glory be to God the Son,
Who loved thee.

Glory be to God the Holy
Spirit, Who espoused thee.

O Glorious Virgin Mary,
may all people love
and praise thee.

Holy Mary, Mother of God,
pray for us and bless us,
now, and at death, in the
name of Jesus,
thy Divine Son!
Amen.

