

Listen, put it into your heart,
most little of my sons:
let nothing frighten
or grieve you,
let not your heart
be disturbed,
do not fear any sickness
or anguish.
Am I not here,
who am your Mother?
Are you not under
my protection?
Am I not your health?
Are you not happily
within the folds
of my mantle,
held safely in my arms?
Do you need anything more?
Let nothing else worry you
or disturb you.
—Our Lady of Guadalupe to St.
Juan Diego, December 12, 1531

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